

# Boston Nursery School



## Personal, Social and Emotional Development

### The Overarching Intent for our Curriculum is 'School Readiness'.

We know that the actual learning of young children is not neat and orderly. For that reason, accurate and proportionate assessment is vital. It helps us to make informed decisions about what each of our children need to learn and be able to do next.

We know how important it is to give our young children multiple opportunities of each of the targets listed below in order to deepen their understanding. We are aware that using 'Food' as a theme provides a powerful engagement hook for our children.



Our Intent for Personal, Social and Emotional Development is that all children, no matter what their baseline or first language, will possess the knowledge and skills required to access their primary school curriculum when they begin in September.

We know that children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others.

We will support our children to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary.

Through our modelling and guidance, our children will learn how to look after their bodies, including healthy eating, and manage personal needs independently. We will support their interaction with other children so they learn how to make good

friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve when they start primary school.

**[Knowledge] Children will know:**

To follow some rules without an adult to remind them.

The importance of and reason for rules.

Some activities require teamwork.

The vocabulary to express their feelings eg sad, happy, cross, scared, worried, excited

Other people have feelings.

How to listen carefully and why listening is important.

A large repertoire of songs

Their viewpoint is important

Other people may have different views

The importance of negotiation and compromise

**[Skills] Children will be able to:**

Select and use activities and resources, with help when needed. This will help them to achieve a goal they have chosen, or one which is suggested to them.

Become more outgoing with unfamiliar people, in the safe context of their setting.

Show more confidence in new social situations.

Play with one or more other children, extending and elaborating play ideas.

Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.

Increasingly follow rules, understanding why they are important.

Develop appropriate ways of being assertive.

Talk with others to solve conflicts.

Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.

Understand gradually how others might be feeling

Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing and drying their hands thoroughly.

Make healthy choices about food, drink, activity and toothbrushing.