



9.10.20

Dear Parents and Carers

Coronavirus Update

Thank you for your support and understanding through these unusual times. Whilst parent consultations by telephone are not ideal (we would always prefer to meet you face-to-face), these have been going well.

Drop Off and Collection

We also thank you for assisting us in operating our rolling drop-off and collection times.

- Please try to select the quietest times in order to reduce congestion and the number of people with whom you will come into contact.
- We ask that **only one adult** accompanies each family group.
- Please try to keep children from different bubbles apart, and maintain a two metre distance from our staff and from each other.
- We have a rolling drop off for children at the start to the day between 8:45 and 9:15, and a rolling collection between 11:15 and 11:45.
- In the afternoon we have a rolling drop off between 12:30 and 1 and a rolling collection between 3 and 3:30.
- Please do not arrive early as you will have to wait at the door with other parents which is exactly what we are trying to avoid.

Essential measures for opening

- a requirement that people who are ill stay at home;
- robust hand and respiratory hygiene;
- enhanced cleaning arrangements;

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- active engagement with NHS Test and Trace;
- reduced contacts and maximised distancing between those in school wherever possible and minimising potential for contamination so far as is reasonably practicable.

Please note: for the sake of reducing transmission of the virus, the office remains closed to parents and carers. However, should you need to contact us, you may email your enquiries directly to the nursery at admin@parliamentfederation.co.uk and we will respond as quickly as possible. Our staff are still here and eager to help.

Covid Symptoms

Please do not send your child into nursery with coronavirus symptoms. The main symptoms of coronavirus (COVID-19) are:

- a high temperature - this means your child **feels hot to touch on their chest or back** (you do not need to measure your child's temperature);
- a new, continuous cough - this means **coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours** (if your child usually has a cough, it may be worse than usual);
- a loss or change to your child's sense of smell or taste - this means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

The child does not have to exhibit all the symptoms above - **just one**.

If any member of your household is exhibiting any of these symptoms, your whole household must self-isolate until the result of a test is known. This means you must not send your child into nursery.

It is illegal to break self-isolation laws. You can be fined by the police.

We are aware that the ever-changing rules are confusing. Please contact the office if you are worried about your child or unsure what to do, but do not bring them into nursery. We are always happy to advise you.

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If your child is sent home due to having symptoms, their sibling(s) will also need to be collected at the same time. You only need to arrange a test for the child who is unwell.

Unless the nursery is advised of a negative test result, your child will not be able to return to nursery for ten days (their sibling must stay away for fourteen days). These are the Government guidelines.

Should the test result be positive, please contact the nursery as a matter of urgency. The nursery is obliged to report all children with positive results to the local health protection team who will advise us on any course of action required.

It is important to take this disease seriously. Remember, young children tend not to get particularly ill with Covid-19 - thankfully. This is why it is important that we all engage with the NHS Test and Trace, even when children's symptoms are mild.

Handwashing Advice to Defeat Coronavirus

Everyone in nursery is washing their hands more often, using soap and water for at least 20 seconds. Hand washing with soap employs a mechanical action that loosens bacteria and viruses from the skin, rinsing them into the drain. Drying hands thoroughly afterwards makes the skin less hospitable to the virus.

Hand sanitiser can be effective if soap is not available or the situation makes using soap less feasible (eg when outside) but using hand sanitiser provides none of the virus-destroying friction that rubbing hands together and rinsing with water provides. Please do not allow your children to bring hand sanitiser into nursery. They will always have access to soap and water which is a much better option.

Please leave hand creams at home as they provide a 'sticky surface' for the virus to adhere to on children's hands. Should your child's hands become dry, it is safer to apply plenty of cream when they get home. Apply a little more just before they go to bed.

Quarantine

If your child visits a country which is under quarantine laws, or comes under quarantine laws, over half term, they must not return to school for 14 days after their return to the UK.

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It is illegal to break quarantine laws. You can be fined by the police.

We hope this information is useful, but repeat that we know how confusing the ever-changing information can be. Please contact the office about anything you are unsure of.

Above all, the staff at Boston Nursery School want to thank you for your support and understanding through what has been a difficult period for all of us.

Yours sincerely

Mrs Donley

Executive Headteacher

